

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 13:15 until 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BREASTSTROKE MEN 11-12 **Heat:2, starttime: 14:03**

Heat: 2/5 Lane : 4 Athlete: VOSSEN NOAH **Q-time: 01:47:09**

PB (50m pool): 01:47.17 SportinGenk Park 11/11/2025 **PB (25m pool): 01:47.09 SB: 01:47.17 SportinGenk Park 11/11/2025**

	50 M	100 M	
PB	no time	01:47.17	
	<i>no time</i>		
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12 **Heat:4, starttime: 14:08**

Heat: 4/5 Lane : 6 Athlete: MEYLAERS SEPPE **Q-time: 01:40:73**

PB (50m pool): 01:44.34 Antwerpen 13/07/2025 **PB (25m pool): 01:40.73 SB: 01:49.85 SportinGenk Park 11/11/2025**

	50 M	100 M	
PB	00:49.99	01:44.34	
	<i>00:49.99</i>	<i>00:54.35</i>	
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12 **Heat:5, starttime: 14:10**

Heat: 5/5 Lane : 6 Athlete: BOLLEN WARRE **Q-time: 01:33:99**

PB (50m pool): 01:36.29 Mol 22/06/2025 **PB (25m pool): 01:33.99 SB: 01:38.38 SportinGenk Park 11/11/2025**

	50 M	100 M	
PB	00:46.02	01:36.29	
	<i>00:46.02</i>	<i>00:50.27</i>	
	

Coach feedback:

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Event number: 31: 50M FREESTYLE MEN 13+		Heat:1, starttime: 14:16
Heat: 1/9 Lane : 5 Athlete: VAN DE POLDER KOBE		Q-time: 00:37:31
PB (50m pool): 00:37.31 Antwerpen 20/04/2025 PB (25m pool): 00:38.56 SB: no time		
	50 M	
PB	00:37.31	
	<i>00:37.31</i>	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:6, starttime: 14:21
Heat: 6/9 Lane : 3 Athlete: FRANSEN DYLANO		Q-time: 00:28:40
PB (50m pool): 00:28.57 Antwerpen 20/04/2025 PB (25m pool): 00:28.40 SB: no time		
	50 M	
PB	00:28.57	
	<i>00:28.57</i>	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:8, starttime: 14:23
Heat: 8/9 Lane : 5 Athlete: BEISHUIZEN TOM		Q-time: 00:26:39
PB (50m pool): 00:26.68 Mol 22/06/2025 PB (25m pool): 00:26.69 SB: no time		
	50 M	
PB	00:26.68	
	<i>00:26.68</i>	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:3, starttime: 14:28
Heat: 3/10 Lane : 4 Athlete: BEYLEMANS EMMA		Q-time: 00:32:79
PB (50m pool): 00:33.73 Antwerpen 14/07/2024 PB (25m pool): 00:32.50 SB: no time		
	50 M	
PB	00:33.73	
	<i>00:33.73</i>	
	

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:3, starttime: 14:28
Heat: 3/10 Lane : 6 Athlete: BEYLEMANS ANNE		Q-time: 00:33:32
PB (50m pool): 00:33.77 <small>Seraing 29/01/2023</small>		PB (25m pool): 00:31.80 SB: no time
	5 0 M	
PB	00:33.77	
	<i>00:33.77</i>	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:4, starttime: 14:29
Heat: 4/10 Lane : 6 Athlete: WILLEKENS KAAT		Q-time: 00:32:57
PB (50m pool): 00:32.20 <small>Antwerpen 14/07/2024</small>		PB (25m pool): 00:31.58 SB: no time
	5 0 M	
PB	00:32.20	
	<i>00:32.20</i>	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:4, starttime: 14:29
Heat: 4/10 Lane : 7 Athlete: BEYLEMANS KATHO		Q-time: 00:32:74
PB (50m pool): 00:33.32 <small>Antwerp 04/02/2024</small>		PB (25m pool): 00:32.72 SB: no time
	5 0 M	
PB	00:33.32	
	<i>00:33.32</i>	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 14:30
Heat: 5/10 Lane : 5 Athlete: VLASSAKS ROSALIE		Q-time: 00:31:67
PB (50m pool): 00:32.31 <small>Mol 22/06/2025</small>		PB (25m pool): 00:31.67 SB: no time
	5 0 M	
PB	00:32.31	
	<i>00:32.31</i>	
	

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+				Heat:3, starttime: 14:48	
Heat: 3/4 Lane : 5 Athlete: DANILOV MICHAËL				Q-time: 02:45:42	
PB (50m pool): 02:51.17 Antwerpen 13/07/2025			PB (25m pool): 02:45.42 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.79	01:21.06	02:06.25	02:51.17	
	<i>00:37.79</i>	<i>00:43.27</i>	<i>00:45.19</i>	<i>00:44.92</i>	
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:3, starttime: 15:04	
Heat: 3/6 Lane : 2 Athlete: WILLEKENS KAAT				Q-time: 03:19:31	
PB (50m pool): no time			PB (25m pool): 03:10.69 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:3, starttime: 15:04	
Heat: 3/6 Lane : 7 Athlete: BEYLEMANS EMMA				Q-time: 03:19:75	
PB (50m pool): 03:25.81 SportinGenk Park 19/05/2024			PB (25m pool): 03:15.24 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:25.81	
	<i>no time</i>				
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 15:42		
Heat: 4/11 Lane : 2 Athlete: VOSSEN NOAH			Q-time: 01:31:28		
PB (50m pool): no time			PB (25m pool): 01:31.28 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	<i>no time</i>				
			

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+		Heat:4, starttime: 15:42	
Heat: 4/11 Lane : 3 Athlete: MEYLAERS SEPPE		Q-time: 01:30:02	
PB (50m pool): 01:35.18 Antwerpen 13/07/2025		PB (25m pool): 01:30.02 SB: no time	
	5 0 M	1 0 0 M	
PB	00:45.93	01:35.18	
	00:45.93	00:49.25	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:5, starttime: 15:45	
Heat: 5/11 Lane : 7 Athlete: VAN DE POLDER KOBE		Q-time: 01:28:75	
PB (50m pool): 01:28.94 SportinGenk Park 11/11/2025		PB (25m pool): 01:28.75 SB: 01:28.94 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	no time	01:28.94	
	no time		
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:7, starttime: 15:50	
Heat: 7/11 Lane : 4 Athlete: BOLLEN WARRE		Q-time: 01:17:28	
PB (50m pool): 01:20.26 Antwerpen 20/07/2025		PB (25m pool): 01:17.28 SB: 01:22.06 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	00:39.52	01:20.26	
	00:39.52	00:40.74	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:8, starttime: 15:53	
Heat: 8/11 Lane : 7 Athlete: LEYSSEN WARRE		Q-time: 01:16:98	
PB (50m pool): 01:16.98 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:16.61 SB: no time	
	5 0 M	1 0 0 M	
PB	00:38.18	01:16.98	
	00:38.18	00:38.80	
	

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+		Heat:11, starttime: 16:00	
Heat: 11/11 Lane : 4 Athlete: BEISHUIZEN TOM		Q-time: 01:01:41	
PB (50m pool): 01:04.62 Antwerpen 27/07/2025		PB (25m pool): 01:01.41 SB: no time	
	50 M	100 M	
PB	00:31.94	01:04.62	
	00:31.94	00:32.68	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:5, starttime: 16:12	
Heat: 5/12 Lane : 5 Athlete: VLASSAKS ROSALIE		Q-time: 01:22:12	
PB (50m pool): 01:24.41 Antwerpen 20/07/2025		PB (25m pool): 01:22.12 SB: 01:26.72 SportinGenk Park 11/11/2025	
	50 M	100 M	
PB	00:41.83	01:24.41	
	00:41.83	00:42.58	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:5, starttime: 16:12	
Heat: 5/12 Lane : 6 Athlete: BEYLEMANS ANNE		Q-time: 01:23:28	
PB (50m pool): 01:24.30 Antwerp 04/02/2024		PB (25m pool): 01:20.27 SB: no time	
	50 M	100 M	
PB	no time	01:24.30	
	no time		
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:6, starttime: 16:15	
Heat: 6/12 Lane : 2 Athlete: BEYLEMANS KATHO		Q-time: 01:21:61	
PB (50m pool): 01:26.02 SportinGenk Park 21/04/2025		PB (25m pool): 01:21.60 SB: no time	
	50 M	100 M	
PB	00:42.72	01:26.02	
	00:42.72	00:43.30	
	

Coach feedback:

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Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:6, starttime: 16:15	
Heat: 6/12 Lane : 7 Athlete: JANSEN ELINE		Q-time: 01:21:63	
PB (50m pool): 01:24.42 Antwerpen 13/07/2025		PB (25m pool): 01:21.63 SB: no time	
	5 0 M	1 0 0 M	
PB	00:42.28	01:24.42	
	<i>00:42.28</i>	<i>00:42.14</i>	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:10, starttime: 16:24	
Heat: 10/12 Lane : 6 Athlete: MAES HELENE		Q-time: 01:14:79	
PB (50m pool): 01:17.32 Antwerpen 13/07/2025		PB (25m pool): 01:14.60 SB: no time	
	5 0 M	1 0 0 M	
PB	00:37.84	01:17.32	
	<i>00:37.84</i>	<i>00:39.48</i>	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:10, starttime: 16:24	
Heat: 10/12 Lane : 7 Athlete: MAES LEONIE		Q-time: 01:15:02	
PB (50m pool): 01:19.99 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:15.02 SB: no time	
	5 0 M	1 0 0 M	
PB	00:39.19	01:19.99	
	<i>00:39.19</i>	<i>00:40.80</i>	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:11, starttime: 16:27	
Heat: 11/12 Lane : 7 Athlete: BOLLEN GITTE		Q-time: 01:14:22	
PB (50m pool): 01:19.82 SportinGenk Park 11/11/2025		PB (25m pool): 01:14.22 SB: 01:19.82 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	no time	01:19.82	
	<i>no time</i>		
	

Coach feedback:

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Event number: 37: 200M MEDLEY MEN 13+					Heat:4, starttime: 16:42
Heat: 4/7 Lane : 5 Athlete: DANILOV MICHAËL					Q-time: 02:33:75
PB (50m pool): 02:36.44 Eindhoven 16/03/2025			PB (25m pool): 02:33.75 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.09	01:16.51	02:00.66	02:36.44	
	<i>00:34.09</i>	<i>00:42.42</i>	<i>00:44.15</i>	<i>00:35.78</i>	
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:5, starttime: 16:46
Heat: 5/7 Lane : 3 Athlete: LEYSSEN WARRE					Q-time: 02:30:80
PB (50m pool): 02:47.59 Antwerpen 14/07/2024			PB (25m pool): 02:30.80 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:47.59	
	<i>no time</i>				
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:5, starttime: 16:46
Heat: 5/7 Lane : 5 Athlete: FRANSEN DYLANO					Q-time: 02:30:79
PB (50m pool): 02:43.95 Antwerp 26/01/2025			PB (25m pool): 02:30.79 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.85	01:19.06	02:09.88	02:43.95	
	<i>00:34.85</i>	<i>00:44.21</i>	<i>00:50.82</i>	<i>00:34.07</i>	
	

Coach feedback:

Event number: 38: 4x100M FREESTYLE WOMEN 11+								Heat:1, starttime: 17:00
Heat: 1/1 Lane : 3 Athlete: TEAM PZC 1								Q-time: 04:21:85
PB (50m pool):		PB (25m pool):			SB:			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback: